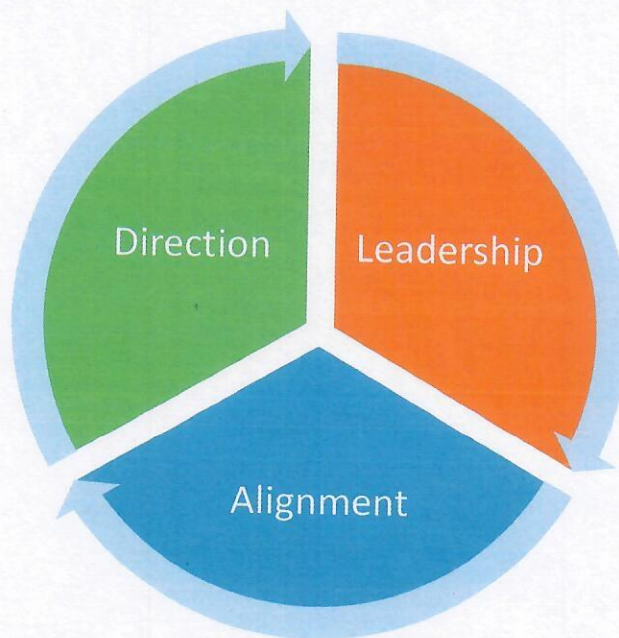


NARFE

2023 COLORADO FEDERATION CONFERENCE



"Setting a New Direction with NARFE"



May 25, 2023
DoubleTree by Hilton/Denver-Aurora
13696 East Iliff Place
Aurora, Colorado 80014



Get more with a Kaiser Permanente Senior Advantage (HMO) Medicare health plan

New for 2023: Get lower copays and extra benefits, and get up to \$2,400 reimbursement per year (\$200 per month) toward your Medicare Part B premium.¹

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Call **1-877-547-4909 (TTY 711)** 7 days a week, from 8 a.m. to 8 p.m.



Visit **kp.org/feds/medicare** to RSVP for a **FREE³ FEHB Medicare Webinar**.

1. You must continue to pay the Medicare Part B premium to remain in the Kaiser Permanente Senior Advantage (HMO) plan. 2. SilverSneakers and SilverSneakers shoe logotype are registered trademarks of Tivity Health, Inc. 3. Free with no obligation to enroll. For accommodations of person with special needs at meetings call **1-855-218-5060 (TTY 711)**. Kaiser Permanente is an HMO plan with a Medicare contract. Enrollment in Kaiser Permanente depends on contract renewal.

1038853090: 2023_01_2023 NARFE Conference Ad



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DoubleTree by Hilton Denver - Aurora
13696 E Iliff Place
Aurora, CO 80013

Dear NARFE Members,

Thank you for the opportunity to present DoubleTree by Hilton Denver - Aurora for NARFE on 5/25/23

The DoubleTree by Hilton Denver - Aurora offers nearly 14,000 square feet of meeting space and can accommodate a variety of meeting needs. We have 12 flexible meeting rooms including our 4,000 sq. ft. DoubleTree Ballroom. Our team of hospitality professionals assists to ensure a wonderful event & catering experience!

Our property offers 250 sleeping rooms with full-service amenities to enjoy. Guests can experience the incredible Jackdaw Restaurant, indoor pool, fitness center, business center, and large lobby common space while on the property. In addition, we have complimentary airport shuttle service, complimentary self-parking, complimentary guestroom Wi-Fi, and our warm DoubleTree cookies at arrival. We would love to be of assistance for your event.

Please review the proposal below for special package pricing. We are available if you have any questions.

Thank you for considering DoubleTree by Hilton Denver - Aurora.

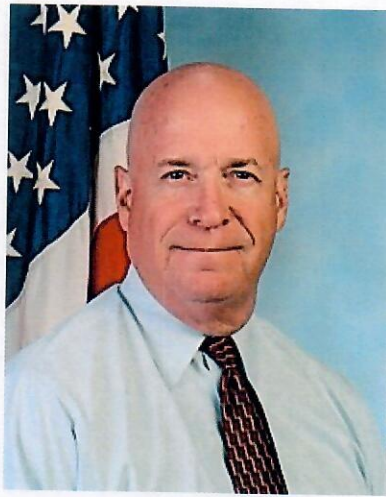
<https://www.visitaurora.com>

Warm Regards,

Carlee Maglietto, Catering Manager

Direct: (720) 610-1773 | Hotel: 303-337-2800

DoubleTree by Hilton Denver - Aurora
13696 E Iliff Place, Aurora, CO 80013
carlee.maglietto@ohospitalitymanagement.com



William Shackelford
NARFE National President

William "Bill" Shackelford began his federal career in 1971 with the Federal Bureau of Investigation, serving nearly 35 years in various training, analytical, and management positions, including fingerprint identification, review, and distribution of records relative to the assassination of President John F. Kennedy, training in the archival preservation of historical records and the management of litigations filed under the Freedom of Information and Privacy Acts before retiring in January 2006.

A Life Member of NARFE, Bill is a member of Fairfax Chapter 737, having held Chapter positions including Service Officer, Newsletter Editor, Vice President, and President. Within the Virginia Federation of Chapters, he has served as Second Vice President, First Vice President, and President. On the NARFE National level, he served at the 2012 National Convention, in Sparks, Nevada, as Chair of the Timekeeper Committee, from March 2013 through April 2014 as Chair of the 2013 National Bylaws Committee, from August 2013 through February 2014 as Co-Chair of "Future Of NARFE" Committee and at 2014 in Orlando, Florida, as Chair of 2014 Bylaws Committee. At the 2014 NARFE National Convention in Orlando, he was first elected Region X Regional Vice President. During his tenure as Regional Vice President, he served on the Executive Director Search Committee from November 2016 through May 2017, was a member of the 2021 Strategic Planning Team, and for 2021–2022, as Chair of the National Membership Advisory Committee

Bill graduated in 1971 from Northern Virginia Community College with an Associate Degree majoring in Law Enforcement Science and in 1974 from American University with a Bachelor of Science Degree majoring in Judicial Administration.

A native Northern Virginian, born in Arlington and raised in Fairfax, Bill currently lives in Centreville, Virginia, with his wife, Donna. Together, they have four children and seven granddaughters, one great-granddaughter, and one great-grandson.



Sharon Reese
Region VII Vice President

She joined NARFE in February 2007 as an active member. Reese immediately started working on the Chapter 182 board. The positions held were President, Vice President for Legislation, FEEA, and numerous Conference Chair positions. In 2008 active at the New Mexico Federation level, she held positions as President, Vice President for Legislation, and Conference Chair.

At Region VII, she held the FEEA Coordinator position and was a candidate for National Committees.

As Vice President for Legislation, she was assigned to 5 consecutive National Advocacy Committees and attended numerous Legislative Conferences, including arranging meetings on the hill with ALL Senators and Legislators.

As the Federation President, she was assigned to the SAGES Committee (Select Advisory Group Ensuring Success) "aka" Federation President's Advisory Group, a special committee established by National President Ken Thomas.

Attended every New Mexico Federation Conference, Region VII Conference, and National Conference since 2008.

Federal Service career spanned 33 years, three years at the Air Force Hospital in Wiesbaden, Germany, and 30 years at White Sands Missile Range. Only four years of service were in non-supervisory positions, working as Branch Chief, Division Chief, Deputy Directory, and Acting Director on the testing mission side of the house.

Education included classes at the University of Illinois, Wharton School of Management at Syracuse University, and numerous courses sponsored by the United States Army at Rock Island, Illinois, and Ft Belvoir, Virginia.



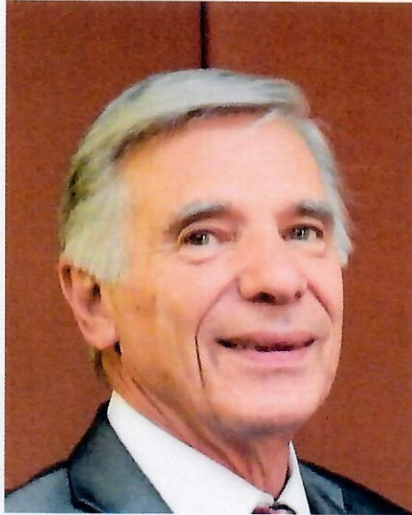
John Hatton
Staff Vice President, Policy and Programs

John Hatton is the Staff Vice President for Policy and Programs at the National Active and Retired Federal Employees Association (NARFE). In this position, Hatton directs the association's public policy activities, leading NARFE's advocacy on behalf of the earned rights and benefits of America's active and retired federal workers. Hatton also directs the association's programs department, which provides educational content and personal assistance related to federal employment benefits to NARFE members, and manages the association's annual conferences. Prior to his promotion in December 2021, Hatton served in various roles as a member of NARFE's Advocacy Department since July 2010.

Prior to his tenure at NARFE, Hatton worked as a legal fellow for the Senate Subcommittee on Oversight of Government Management, the Federal Workforce, and the District of Columbia, then chaired by Senator Daniel Akaka.

Before transitioning to an advocacy and policy professional career, Hatton was a litigation attorney with the international law firm Steptoe & Johnson, LLP. He holds a Juris Doctor degree from New York University School of Law and a bachelor's degree in Industrial and Labor Relations with a concentration in Economics from Cornell University.

Hatton originally hails from Lake Grove, NY, on Long Island, and now lives in Alexandria, VA, with his wife and their 5- and 3-and-half-year-old sons.



Frank Impinna
Colorado Federation President

Frank Impinna was born and raised in California. He began his career with the Postal Service in 1961, and during that time, he enlisted and spent four years in the US Air Force as a Control Tower Operator. After receiving his Honorable Discharge, he returned to the Postal Service and retired 26 years later as a Distribution Mail Center manager. As a manager, he became involved in and was a leader for the National Association of Supervisors (NAPS). He worked in all facets of the Postal Service, from being a carrier, distributing and sorting mail, and as a Master Instructor for initial-level supervisors in the Western Region.

Throughout his career, he pursued and received a master's degree in business administration and organizational management, always continuing to move up the ladder in executive positions. Frank became a NARFE member in 1994, as an active employee with the US Postal Service, and became a Life Member the following year at the age of 53 while still employed. Soon after, he became vice president of Lakewood, California Chapter 2025 and was president from 2000-2009. In 2007 he was also elected as District Vice President on the California Federation Board, serving eight (8) Chapters within his district. He also served as an instructor for Federation and District Training Seminars for all chapter disciplines, attended and worked on the National Legislative Standing Committee from 2005-2007, and served on several Federation State Convention committees.

In 2009 he was elected Colorado Federation President and made strides to better the Federation in Membership and Retention, Officer Training, Web site enhancements, and Communications throughout the state. In 2012 he was elected for a two-year term as Regional Vice President for Region VII. In 2014, he became Federation Vice President Membership until 2022. He is now the interim Federation President of Colorado.

**2023 COLORADO FEDERATION CONFERENCE
AGENDA
May 25, 2023 (Thurs)**

“Setting a New Direction with NARFE”

7:00 – until	Exhibits open to Members
8:00 – 10:00 am	Registration for Conference
8:30 – 9:00 am	OPENING GREETINGS by Federation President – Frank Impinna Introduce Bill Shackelford, NARFE National President (Virtual) Moment of Silence - Memorial (see Pamphlet) PLEDGE OF ALLEGIANCE Graham Kolb CONFERENCE WELCOME AND INTRODUCTIONS Announcements. ELECTIONS – Nominations from the floor Ballot Committee Chair – Hank Kaplan Installation of new officers by Sharon Reese RVP. (New officers shall assume their term at the close of the conference.)
9:00 – 9:30 am	Federal Benefits Institute - PRESENTATION (Virtual) John Hatton, Staff Vice President, Policy and Programs
9:30 – 10:00 am	Advocacy/Legislation - PRESENTATION (Virtual) John Hatton, Staff Vice President, Policy and Programs
10:00 – 10:30 am	BREAK and to visit our supporters This break is sponsored by our supporter Kaiser Permanente
10:30 am – 10:55	Importance of using the F-100 Vince Galterio, Service Officer, Chapter 1085
10:55 – 11:25 pm	Membership and Marketing - PRESENTATION (Virtual) Jacqueline Bryant, Membership Development Coordinator
11:25 – 11:55 pm	Social Security Administration – (In person) Josh Weller - Public Affairs Specialist

- 12:00 – 1:00 pm** **LUNCH** (In Colorado room)
Lunch is sponsored by our supporters GEHA and Aetna
- 1:00 – 1:30 pm** **Decluttering a Life Time Worth of Stuff and Housing Options**
 Speaker: Blair Bryant, Certified Senior Advisor - The Stellar Group
 1) What to do with a lifetime's worth of stuff
 2) What 55+ Housing Options are available.
- 1:30 - 2:00 pm** **Understanding the Role of the Ombudsman in Assisted Living/Nursing Home Facilities** (In person)
 Speaker: Shannon Gimbel, Ombudsman Manager, Area Agency on Aging
- 2:00 – 2:15 pm** **BREAK and visit our supporters**
This break is sponsored by our supporter BlueCross BlueShield
- 2:15 – 2:45 pm** **Office of Personnel Management**
 Jonathan Kogut, OPM Benefits Specialist (Virtual)
- 2:45 – 3:15 pm** **Headquarters Update – PRESENTATION**
 Sharon Reese, Region VII Vice President
 Chapter Charter Award presentations

Chapter Name	Number	Charter Date	Years
Fort Collins	256	8/1/1953	70
Boulder	293	6/1/1953	70
Grand Junction	351	9/1/1953	70
Laa Junta	1054	2/1/1968	55
Aurora	1072	2/1/1968	55
Mory Lewis	1085	5/1/1968	55

- 3:15 – 3:30 pm** **Award presentations**
 Mary Bleecher - Awards Chair
- 3:30 – 0:00 pm** **DOOR PRIZE DRAWING** (White Ticket)
 Alzheimer's (Blue Ticket)

CLOSING REMARKS

Frank Impinna, Federation President
 Betty Lucero-Turner

Have a safe trip home!

PLEASE HAND IN YOUR EVALUATION SHEET and badge



TO OUR FEDERATION MEMBERS AND GUESTS

Welcome to the 2023 Colorado Federation Conference and our beautiful Cities of Aurora and Denver. The Colorado Federation is pleased and hopes that what you will learn and experience here today will inspire you to continue your dedication to the mission of NARFE while our theme for this conference is **"Setting a New Direction with NARFE"**

We have as our special guest speakers by virtual means, Director, Federal Benefits Institute, Erin Carter; Grassroots Program Manager, Marsha Padilla-Goad; Senior Director, Membership Development, Dave Bowman; and Region VII Vice President, Rodney Adelman.

Under the capable leadership of our Region VII Vice President, and our National President, and other National Staff members, the Conference will bring together NARFE members to inform, motivate and improve communications and performance via discussions. It provides an opportunity for members to exchange ideas and information in select areas of leadership and management and/or their own personal growth.

We are also happy that you have come to the Aurora and Denver area this time of year. We urge you to take time to experience our local attractions, which can be found at <http://www.denver.org/events>; places like Colorado Springs, Pikes Peak, Garden of the Gods, Denver Museums, and many other attractions and restaurants.

Our committee has spent many hours this past year planning and preparing for this Conference. A special "thank you" goes to all the Committee Board Members for their dedication and hard work.

We sincerely thank all of you for being here to help us make this 2021 Colorado Federation Conference in Colorado a complete success!

Frank Impinna and Betty Lucero-Turner

Host Coordinators

SPECIAL RECOGNITION TO:

2023 Conference Committees

Conference Coordinators – Frank Impinna & Betty Lucero-Turner
Advertising – Frank Impinna
Alzheimer's – Jane Gahan
Audit Committee – Jack Powell
Awards – Mary Bleacher
Ballot & Teller Committee – Hank Kaplan
Badges – Frank Impinna
Bylaws Committee – Jack Powell
Hotel/Meals – Executive Committee
Name Tags – Frank Impinna
NARFE/PAC – Gary Roll
Nominations – Dorothy White
Program Book – Frank Impinna
Registration – Dorothy White
Secretary – Betty Lucero-Turner
Treasurer – Frank Impinna

2023 Conference NARFE Participants

Region VII Vice President – Sharon Reese
Staff V. P., Policy and Programs, John Hatton
Membership Development Coordinator, Jackie Bryant

2023 Supporters of NARFE

Aetna
Blue Cross and Blue Shield
United Health Care
Kaiser Permanente
GEHA
United Healthcare
Office of Personnel Management (OPM)
Social Security
Brookdale Senior Living

**COLORADO FEDERATION OFFICERS
For 2022-2023**

EXECUTIVE COMMITTEE

President
Frank Impinna (#81)

Vice President – Membership
VACANT

Vice President – Legislation
Gary Roll (#81)

Secretary
Betty Lucero-Turner (#81)

Treasurer
Larry Schluntz (#820)

National Member
Mary Bleecher

CONGRESSIONAL DISTRICT LEADERS

Congressional District Leader CO 1
Gary Roll (#81)

Congressional District Leader CO 2
Bob Carr (#1040)

Congressional District Leader CO 3
Bradley R. Pearson (#351)

Congressional District Leader CO 4
Chad Hart (#1054)

Congressional District Leader CO 5
VACANT

Congressional District Leader CO 6
Susan Tabacheck (#1072)

Congressional District Leader CO 7
Ted Van Hintum (#2286)

Congressional District Leader CO 8
Tom Cherry (#821)

APPOINTED OFFICERS

2023 Conference Coordinators

Alzheimer's Federation Coordinator

Ballot and Teller

Chaplain

Federation Newspaper

Parliamentarian

Webmaster

NARFE-PAC

Nominating Committee 2019

Sergeant-at-Arms

Frank Impinna (#81)
Betty Lucero-Turner (#81)
Frank Impinna (#81)
Henry Kaplan (#81)
Hortense Haney (#81)
Frank Impinna (#81)
Dorothy White (#1072)
Frank Impinna (#81)
Gary Roll (#81)
Dorothy White (#107281)
Graham Kolb (#81)

STANDING COMMITTEES

Audit

Awards

Budget and Finance

Bylaws/Resolutions

Legislation – Federal

Legislation – State

Membership

Jack Powell (#81)
Mary Bleecher (#0000)
Larry Schluntz (820)
Jack Powell (#81)
Gary Roll (#81)
VACANT
VACANT



Chapters in Colorado Federation of NARFE 2023

Chapter Name	Number	Charter Date	Membership
Denver-Capital City	81	February 1, 1952	233
Fort Collins	256	August 1, 1953	115
Boulder	293	June 1, 1953	83
Grand Junction	351	September 1, 1953	86
Longmont	820	May 1, 1962	34
Loveland	821	June 1, 1962	59
Arvada	1040	October 1, 1967	149
La Junta	1054	February 1, 1968	28
Aurora	1072	February 1, 1968	127
Mory Lewis – Lakewood	1085	May 1, 1968	351
Billie Love – Buena Vista	2286	May 8, 1994	35
Total Chapter members as of May 1, 2023:			1300
National only members:			2182
TOTAL MEMBERSHIP COLORADO FEDERATION			3482



COLORADO FEDERATION OF NARFE
STATE PRESIDENTS

4/62 – 6/62	John R. Redman*
7/62 – 12/62	Roy E. Wilson*
1/63 – 4/66	Cyrus L. Burnett*
5/56 – 9/68	William L. Shaffer*
10/68 – 9/70	Rev. Richard W. Waggy*
9/70 – 5/72	Walter M. Boraker*
5/72 – 4/74	Arthur E. Safe*
5/74 – 4/76	George L. James*
5/76 – 5/78	Maurice Wunderlich*
5/78 – 4/80	Dr. John K. Sterett*
4/80 – 4/82	Russell S. Orten*
4/82 – 4/84	Albert W. Reuter*
5/84 – 4/86	John D'Arcangelis*
4/86 – 4/88	Elmer F. Riggs*
4/88 – 5/90	Dave Nicholson*
5/90 – 4/92	Charles W. Carter
4/92 – 4/94	W.J. "Buck" Benham*
4/94 – 12/94	Morris "Mory" Lewis*
1/95 – 4/95	Stanley J. Hathorn* (Pro Tem)
5/95 – 4/96	E.P. "Whit" Whitaker*
5/96 – 5/99	Patricia "Pat" Cushing*
5/99 – 5/03	Robert "Bob" Warren
5/03 – 5/05	Richard S. Driscoll*
5/05 – 10/08	Martha Leiker
10/08 – 5/09	Betty Lucero-Turner (Pro Tem)
5/09 – 11/12	Frank C. Impinna
11/12 – 5/13	Eva Heller (Pro Tem)
5/13 - 5/15	Ted Van Hintum
5/15 – 5/17	Ted Van Hintum
5/17 – 10/21	Paula Simmons
10/21 – 12/22	Ted Van Hintum
12/22 – Present	Frank Impinna (Pro Tem)

*Deceased

What to do in case of death!

The National Active and Retired Federal Employees Colorado Federation wishes to express our deep sympathy for the loss of your loved one. Here is some crucial information to help report the death to the Office of Personnel Management (OPM) and claim any death benefits that might be due.

You can notify OPM online, by email, in writing, or by phone. Whichever method you choose, you must include the annuitant's retirement CSA or CSF claim number along with their Social Security number. This information is found on their last tax return forms, 1040 and 1099-R.

- ✓ To notify online, go to <https://rsreporting.opm.gov/AnnuitantDeath/ReportAnnuitantDeath> and follow the instructions.
- ✓ To notify by email, send a message to retire@opm.gov.
- ✓ To notify in writing, send a note to OPM RETIREMENT OPERATIONS CENTER, P.O. Box 45, BOYERS, PA 16017-0045, ATTN DEATH CLAIMS
- ✓ To notify by phone, call OPM at 1-888-767-6738 (toll-free). This is often the most challenging way, as it may be hard to get through to a representative.

After you notify OPM, you should receive an Application for Death Benefits and a Life Insurance Claim for Death Benefits in the mail in about three weeks, so be sure to give them a mailing address for the person who should receive these forms.

If the deceased received any payments from the Social Security Administration, they must be notified. The funeral home can do this for you. Be sure to discuss this with them. Also, be sure to request plenty of certified copies of the death certificate since most of your notifications will require them.

If the deceased was an armed forces veteran, go online to the Department of Veterans Affairs at va.gov to search for any benefits you may be entitled to, such as help with burial expenses or an Arrears of Pay payment if applicable.

If you are the spouse, you may want to change your health insurance enrollment to "self only" unless you have other family members covered, and you may wish to change your tax withholding amount since the single filing status is at a higher tax rate. You can contact OPM to do both of these.

IMPORTANT: You must return any annuity check made out to the deceased that was issued after their death. It cannot be legally cashed by anyone else, even an estate executor. You must notify the bank if the annuity payment was a direct deposit to an account. OPM will ask the Treasury Department to recover it from the bank. If the annuity check was received in the mail, you must return it to the return address on the envelope.

If you need help with any of this, you can contact Mory Lewis Chapter 1085 Service Officer Vincent Galterio at 303-233-3276 (home) or 303-518-4923 (cell) or vgalterio@gmail.com

Reference websites for Being Prepared for Life's Events

- ✓ NARFE: Affairs in Order: Benefits Guidance for Survivors of Federal Annuitants
<https://www.narfe.org/wp-content/uploads/2022/03/0222-Affairs-in-Order-Benefits-Guidance.pdf>
- NARFE: White Papers on various retirement topics
<https://www.narfe.org/officer-resources/membership-officer-resources/white-papers/>
- NARFE: Magazine (May 2023) Getting Your Affairs in Order – Page 24
<https://www.narfe.org/magazine-issues/>
- NARFE: Federal Benefits Institute: Phone: 800-456-8410
<https://www.narfe.org/federal-benefits-institute/>
- OPM: Life Events and Your Retirement and Insurance Benefits (For Annuitants)
<https://www.opm.gov/retirement-center/publications-forms/pamphlets/ri38-126.pdf>



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With great benefits. Retirement offers the chance to dedicate your time to pursuing your passions. Federal retirees can rest easier knowing that the UnitedHealthcare® Group Medicare Advantage (PPO) plan designed exclusively for federal annuitants offers benefits like:



\$0 copays on doctor visits, lab tests and hearing exams



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Extra benefits like a free gym membership*, hearing aid allowance and more



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by calling 1-866-482-1174, TTY 711 or visit uhcfederalretiree.com**

Plans are insured through UnitedHealthcare Insurance Company or one of its affiliated companies, a Medicare Advantage organization with a Medicare contract and a Medicare approved Part D sponsor. Enrollment in these plans depends on the plan's contract renewal with Medicare. Limitations, exclusions and restrictions may apply.

*Consult your doctor prior to beginning an exercise program or making changes to your lifestyle or health care routine. Gym network may vary in local market.

*Network sizes vary by market and exclusions may apply.

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*Discount is only applicable to new residents of a Brookdale independent living, assisted living, or memory care community admitting under an executed residency agreement. Discount applies only to the monthly fee/basic service rate, excluding care costs and other fees and is calculated based on the initial monthly fee/basic service rate.

**Discount is only applicable to new clients of personal assistance services by a Brookdale agency under an executed service agreement.

***Discount is only applicable to new residents of a Brookdale assisted living or memory care community admitting under an executed respite agreement. Discount applies to the daily rate.

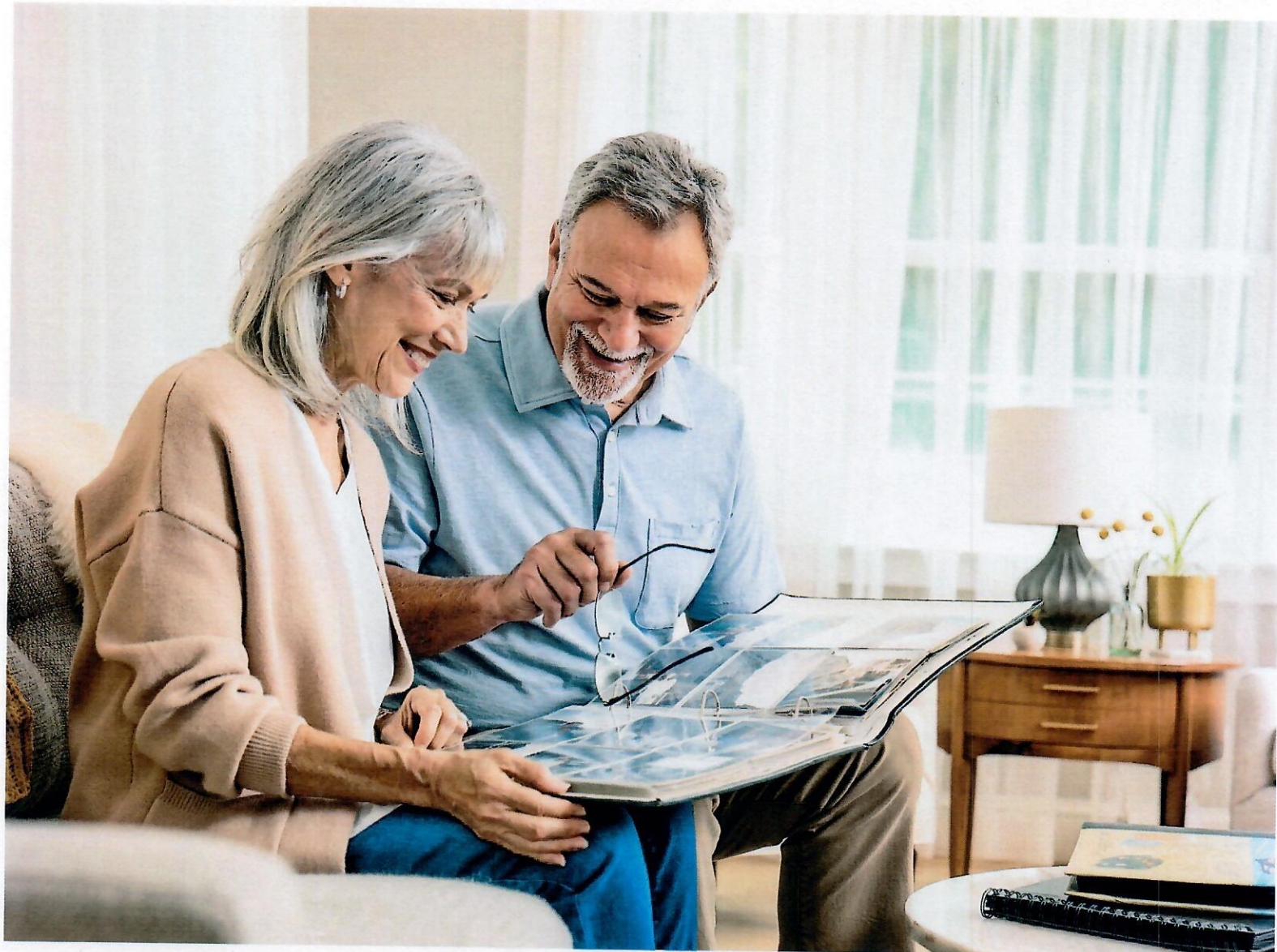
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There are great savings options for federal retirees



If you didn't change your health plan when you became eligible for Medicare, now could be the time to switch and save. Contact us to learn more about Aetna® plans designed for federal retirees at [AetnaFedsLive.com](https://www.aetna.com/feds)

Plans available through the Federal Employees Health Benefits (FEHB) Program:

Aetna Advantage and opt in to Aetna Medicare Advantage

- **\$1200** annual reduction in your Medicare Part B premium
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- **Prescriptions** for as little as \$2 from our preferred pharmacies
- **SilverSneakers®** fitness membership at no extra cost

Aetna Direct

- A **fund** to help pay prescription costs or your Medicare Part B premium
- **\$0** deductibles and copays
- **\$6 generic prescriptions** from our preferred pharmacies

Connect with us and learn more about your health plan options.

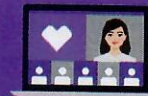
At [AetnaFedsLive.com](https://www.aetna.com/feds) you can:



Chat online



Schedule a one-on-one consultation



Attend live webinars

Or use our retiree portal at [AetnaFeds.com/retireeplans](https://www.aetna.com/feds/retireeplans) to explore at your own pace.

Aetna Medicare is a PPO plan with a Medicare contract. Enrollment in our plans depends on contract renewal. See Evidence of Coverage for a complete description of plan benefits, exclusions, limitations and conditions of coverage. Plan features and availability may vary by service area. SilverSneakers is a registered trademark of Tivity Health, Inc. ©2021 Tivity Health, Inc. All rights reserved.

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